



**Leon's "World's Fastest" Triathlon
2022 Race Volunteer Positions**

PRE-RACE VOLUNTEER OPPORTUNITIES

THURSDAY, JUNE 2

FLAG PLACEMENT

Need: 40 Shift: 3:00 PM-7:00 P.M. Contact: Leon Wolek	Support "The Flag Man" in tribute to all military personnel as he deploys more than 1,000 American flags throughout the race venue. This large-scale project will require a great deal of manual labor.
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SATURDAY, JUNE 4

PACKET PICK-UP/REGISTRATION

Need: 6-10 Shift: 9:00 AM-4:00 PM Contact: TBD	Support for this role includes greeting participants, helping new athletes register for the race, assisting with packet pick up, shirt/swag bag distribution, chip assignment and various other pre-race expo needs.
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COMMUNITY FLYER DISTRIBUTION

Need: 4-6 Shift: 10:00 AM-4:00 PM Contact: Leon Wolek	This crew will be responsible for distributing Community Impact Flyers to local neighbors and businesses who will be impacted by Sunday's race. Flyers will be distributed along Calumet and Sheffield Avenue. This role will require a great deal of walking door-to-door.
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RACE DAY VOLUNTEER OPPORTUNITIES

SUNDAY, JUNE 5

OVERNIGHT CONE CREW

Need: 6 Shift: 12:00 AM-2:00 AM Contact: Leon Wolek	This crew will work overnight (beginning at midnight) to setup traffic cones for the Bike Course along Calumet and Sheffield Avenues.
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PARKING SUPPORT

Need: 10 Shift: 5:30 AM-8:00 AM Contact: TBD	This crew will be responsible to execute a systematic parking plan, helping athletes, sponsors and spectators with locating the proper parking lots in a timely, organized manner.
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PACKET PICK-UP/REGISTRATION

<p>Need: 4-6 Shift: 5:00 AM-11:00 AM Contact: TBD</p>	<p>In this role, volunteers will be answering questions regarding the event and assisting athletes with pre-race packet pick up, shirt/swag bag distribution and spectator information. To fulfill this role, you must be friendly, personable and willing to problem solve to give the best customer service possible.</p>
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SITE SETUP CREW/FLOATERS

<p>Need: 4-6 Shift: 6:00 AM – 12:00 PM Contact: Leon Wolek</p>	<p>This crew will help the day of the triathlon, assisting the staff with setup of the swim in, swim out, transition, finish line, cone pick-up and post-race party areas.</p>
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SWIM START CORRALS

<p>Need: 8 Shift: 7:00 AM-9:00 AM Contact: TBD</p>	<p>Guide athletes to their assigned wave and assist with releasing them into the water by holding up wave signs. Help set up and manage the Swim Start Aid Station.</p>
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KAYAK & PADDLE BOARDERS

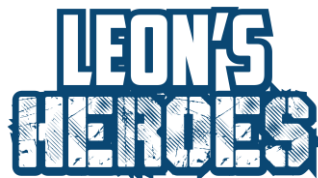
<p>Need: 20 Shift: 6:30 AM-10:00 AM Contact: TBD</p>	<p>This dedicated group of well-experienced volunteers will provide their own kayaks and be stationed in specific areas along the route. These stations are intended to be additional rest points, giving athletes time to gather their breath, collect their thoughts, and alleviate them from becoming true rescue incidents and take more of the lifeguards' attention. This group will also ensure athletes exit the water at the appropriate area. They must be comfortable operating in large crowds of swimmers and with possible rescue situations.</p>
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MEDICAL SUPPORT

<p>Need: 10 Shift: 6:00 AM – 12:00 PM Contact: TBD</p>	<p>Assist with medical needs in the Main Medical tent or on course. Exact placement will be determined race morning. Medical knowledge is required; medical professional licensing is preferred (EMT, Paramedic, RN, PT, MD)</p>
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SWIM PULLERS

<p>Need: 6 Shift: 7:00 AM – 10:00 AM Contact: TBD</p>	<p>Swim pullers are located at the swim exit. These volunteers are there to help escort the athletes out of the water and assisting in unzipping athlete's wetsuits. Be prepared to get a bit wet in this role!</p>
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TRANSITION SUPPORT

<p>Need: 8-10 Shift: 5:30 AM – 12:00 PM Contact: TBD</p>	<p>This crew will support the transition area (where athletes store their bikes & gear) during the triathlon. Volunteers will show athletes to their particular area for setup, help athletes during the race, ensure the transition area remains secure (no spectators allowed) and assist Race staff during the check-out process once the race is finished.</p>
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BIKE COURSE MARSHALS

<p>Need:20 Shift: 6:30 AM – 11:00 AM Contact: TBD</p>	<p>This team will point athletes in the right direction along the Bike Course, as well as pick-up traffic cones once the course closes.</p>
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RUN COURSE MARSHALS

<p>Need: 20 Shift: 6:30 AM – 12:00 PM Contact: TBD</p>	<p>This team will be deployed at various points along the Run Course, ensuring athletes proceed in the proper direction along the course.</p>
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RUN AID STATIONS

<p>Need: 30 Shift: 6:00 AM – 12:00 PM Contact: TBD</p>	<p>This team will set up the aid station along the Run Course, keeping athletes hydrated & motivated. This team will ensure the aid station areas are clean, as well as tear down the station at the conclusion of the race. A check list, station layout and instructions will be provided.</p>
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FINISH LINE SUPPORT

<p>Need: 4-6 Shift: 7:00 AM – 12:00 PM Contact: Leon Wolek</p>	<p>Be the first to congratulate athletes once they finish the race! This group will setup the post-race area, as well as prepare & distribute finisher medals, water, post-race food and more.</p>
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SITE CLEANUP CREW

<p>Need: 6-10 Shift: 11:00 AM – 3:00 PM Contact: TBD</p>	<p>This crew will help with cleanup of the transition area, finish line and post-race party areas at the conclusion of the race. They will move trash and recycle cans to centralized areas.</p>
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FLAG TAKE DOWN

<p>Need: 40 Shift: 11:00 AM – 2:00 PM Contact: Leon Wolek</p>	<p>Support the “Flag Man” by removing and packing up more than 1,000 American flags that were setup throughout the race venue.</p>
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Please contact Leon Wolek at leonstriathlon@aol.com or Megan Goodan at mgoodan@southshorecva.com with any questions or if you or your organization would like to volunteer.

