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## **Indiana Dunes National Park** News Release

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## Run America's Race on September 11th at National Park's West Beach

INDIANA DUNES NATIONAL PARK: The National Park Service is partnering with Leon's Triathlon and Team Rubicon Disaster Response to present the inaugural "America's Race" on September 11, 2021 at Indiana Dunes National Park's West Beach. This event is part of a national recognition of the 20<sup>th</sup> anniversary of the 9/11 attacks and honors our military veterans and first responders.

The 5K and 10K championship features obstacles representing numerous American conflicts. Race participants will fight their way through the forests of the Revolutionary and Civil Wars. Crawl through the trenches of WWI. Negotiate the obstacles at Normandy Beach. Go on patrol in Vietnam. Run up sand dunes in the Middle East and climb the stairs of the Twin Towers.

Military Veterans and First Responders will get the first chance to sign-up. Registration will then be open to the general public and capped at 250 contestants. The race will have staggered start times so the course will never get too crowded. Be prepared to low crawl, bear crawl, carry sandbags, drag dummies and negotiate numerous obstacles spread throughout the racecourse. There will be a water point approximately at the halfway point and snacks and refreshments will be provided close to the finish line. Opportunities for spectators will be shared later when this information is available.

This race is part of the Indiana Dunes Outdoor Adventure Festival that is packed with over 70 events in one weekend and showcases the region's outdoor activities such as hiking, paddling, biking, geo-caching, photography, birding, yoga, and so many others. The festival has events for everyone including families, beginners, experts, and those with limited mobility.

For more information on this race event, visit the race website at <a href="https://leonstriathlon.com/">https://leonstriathlon.com/</a> or for information on Indiana Dunes National Park, call 219-395-1882 or visit www.nps.gov/indu.

## www.nps.gov/indu

Indiana Dunes National Park is part of the National Park Service. More than 20,000 National Park Service employees care for America's 423 national parks and work with communities across the nation to help preserve local history and create close-to-home recreational opportunities. Learn more at <a href="https://www.nps.gov">www.nps.gov</a>.